

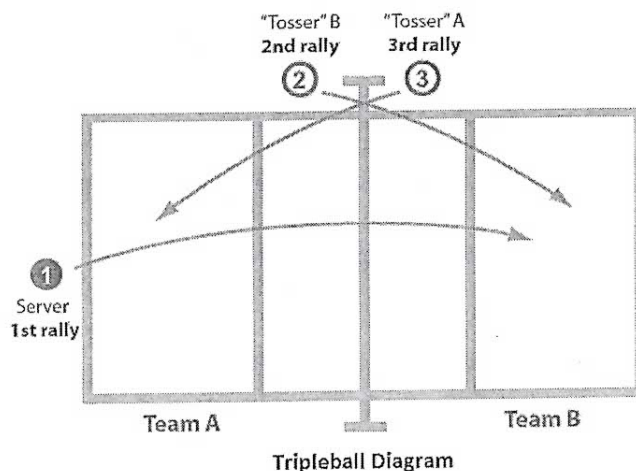


# Tripleball

**Tripleball is the official competition format for Canadian regions offering 13U age competitions.** It is recommended that tripleball be played during the first half of the season in the 14U age category when a 13U age category does not exist. The goal of tripleball is to promote better skill development, participation, meaningful competition, and fun.

## 🏐 Overview of the Tripleball Sequence:

- a) The game follows a sequence of three rallies (service, tossed ball 1, tossed ball 2).
  - \* 1<sup>st</sup> rally – introduced by the server
  - \* 2<sup>nd</sup> rally – tossed ball given to the receiving team
  - \* 3<sup>rd</sup> rally – tossed ball given to the serving team
- b) The service rotates between teams after each three-ball sequence.
- c) A team must rotate and introduce a new server when it is their turn to serve.
- d) Every ball introduced is worth one point.



## 🏐 Tripleball Rules:

- a) Switching to a different position from your service order during a rally is NOT ALLOWED.
- b) Each rotation will have a different designated setter. The player in position #3 or #2 in service reception will be the designated setter; this position must be noted on the score-sheet by the coach.
- c) Fair Play substitution rule applies: Players not starting in the 1<sup>st</sup> set must start in the 2<sup>nd</sup> set. If there is a 3<sup>rd</sup> set, the coach has the choice of starting any players. *Substitutions are allowed during a match, although Volleyball Canada would like emphasize to all coaches, players and parents that the rule is intended to provide every athlete with the ability to participate equally in every game. It is VC's hope that*